



Keystone Aquatic Center swim school offers a full range of group and private lessons for ages 6 months on up, American Red Cross lifeguard certification and review courses, Physical therapy in our flume, deep water aerobics, and more. It is also home to our KAC penguins competitive swim team.

## **KAC swim School**

Level I-VI: \$80/session

Mini stars : \$40/session

Session 2 - Oct 5, 7, 12, 14, 19, 21, 26, 28

Session 2 - Oct 12, 14, 19, 21

Session 3 - Nov 2, 4, 6, 9, 11, 13, 16, 18

Session 3 - Nov 2, 4, 9, 11

Session 4 - Nov 30, Dec 2, 4, 7, 9, 11, 14, 16

Session 4 - Nov 30, Dec 2, 7, 9

### **\*Class times:**

Morning: 9-9:30am; 9:45-10:15am

Evening: 4-4:30pm; 4:30 - 5:00pm

### Private/adult lessons

\$30/30 minute lesson

### ARC lifeguarding class

\*Must be present all day for all sessions.

\*Must be 15 years old

\*Must pass the prerequisite swim test

\*Cost \$300

### Physical Therapy

\*Continue your PT in our Flume!

\*Water temperature is 86 degrees\*Cost

\$20/30 minutes

### Fees and Registration

\*Fees are due at time of registration

\*Payment by credit card

\*Refund policy - there will be no refunds

\*For more information contact Tracy [keystoneaquatics.t.lee@gmail.com](mailto:keystoneaquatics.t.lee@gmail.com)



Keystone Aquatics

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