



Child Nutrition Services Contact Information
717.240.6800

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Child Nutrition Services in Carlisle Area School District are provided by an independent contractor, Chartwells School Dining Services, a division of the Compass Group - USA. For more information about Child Nutrition Services in the Carlisle Area School District, please contact Chartwells Director, Gail Hurley at (717) 240-6800 Ext. 26804.

Carlisle Area School District is pleased to provide healthy, nutritious, and wholesome meals in a nurturing environment through our Child Nutrition Program! We are proud to offer nutritious breakfasts and lunches to each and every Carlisle student in kindergarten through twelfth grade. We offer a great selection of hot and cold entrees, fruit and vegetable choices, whole grains and vegetarian items to meet every child's needs or discriminating taste. Best of all we have worked nutrition instruction into our educational program to provide a great foundation to help our students become healthy and successful.

Child Nutrition Fast Facts:

- Chartwells has exciting new plans for the school meal program in 2018-19.
- School meals remain nutritious, a great value and more satisfying than ever for both students and parents.
- We utilize USDA government commodities that help support our farmers and provide many nationally branded products that you are already familiar with from home.
- We meet the 30% fat and 10% saturated fat guidelines established by the USDA as well as the other nutritional requirements for other vitamins, minerals, and nutrients.
- We are proud of the fact that we strictly follow safety and sanitation guidelines and have consistently high scores (1>deduction) with our USDA inspections that are conducted two times a year in each kitchen facility.
- The milk served in our program is hormone free.
- We serve no foods containing MSG.
- At the elementary level our "ham" products are lean smoked or cured dark meat turkey providing a healthy alternative to pork.
- We are proud to offer an assortment of healthy choices for children to build the basics of a good nutrition foundation for life.



At all building levels for a lunch to meet the requirements for a reimbursable meal (free, reduced or paid) the student may choose all 5 components, but must choose at least 3 components with 1 of them being a fruit or vegetable to qualify as a lunch. Components of a lunch include Fruit, Vegetable, Grain, Milk and Meat/Meat Alternate. If no fruit or vegetable choice is selected we will have to charge the a la carte price for the items chosen which far exceeds the cost of a lunch. Please see below for the 2018-19 Meal Prices.

Parents and Guardians, please refrain from bringing in fast food, birthday treats, and pizza to share with your child at lunch. Please support our Child Nutrition Program and our District Wellness initiatives for healthy students!

In our **elementary school** Child Nutrition Program we offer several entrée choices each day that must be pre-ordered in the classroom each morning. As students move through the lunch line they are served their meal choice and milk, and at the end of the line they swipe their ID card to ring up their lunch through the Point of Sale System.

In our **middle school** Child Nutrition Program we have meal choices including deli sandwiches, salads, yogurt parfaits and hot selections available daily. Students choose their meal selections and they may choose a fruit, vegetable and a milk to complete or make a “lunch” at the school lunch price. Students must swipe their ID card to ring up their lunch through the Point of Sale System.

Our **high school** Child Nutrition Program has different stations where students may go to make their meal selections. Students in our high school fall under the same guidelines in that they must take a minimum of 3 components to make a “lunch” at the school lunch price. All stations in the high schools are “lunchable”, meaning they make a complete school lunch. We offer 8+ entrée selections daily at the high school cafeterias with some of the choices being “made to order” for our customers. All foods are available to purchase at the a la carte price if students choose not to select 3 of the 5 meal components (including a fruit or vegetable) to make a meal, however, the lunch meal will be a better value for the money and the body. Students are only allowed to purchase 1 reimbursable meal per day. All other items will be a la carte. Students must swipe their ID card to ring up their lunch through the Point of Sale System.

Prices for 2018-19 School Year

Elementary Student Breakfast	\$ 1.90
Secondary Student Breakfast	\$ 1.90
Elementary Student Lunch	\$ 3.00
Secondary Student Lunch	\$ 3.00
Milk	\$ 0.75
Adult Lunch	\$ 4.10
Adult Breakfast	\$ 2.60
Reduced Breakfast	\$ 0.30
Reduced Lunch	\$ 0.40

Information you must know:

Payment Options for the Child Nutrition Program

We ask that all meals be pre-paid onto student accounts. All students must use their ID cards to receive a school meal. Cash, check, or credit card payments are welcome (Credit cards via internet only).

- Checks- If writing a check, please make payable to CASD Child Nutrition. Be sure to include your **child's first and last name** on the check. Place the check in the green money box located at each building office or cafeteria.
- Credit cards- If using a credit card you must set up an account at **www.myschoolbucks.com**. You must register first by setting up a username and password. Once registered, you will need your child's ID number to set up the rest of the account. If you do not have the ID number, you may

contact the Child Nutrition Office to obtain the number. Please call 240-6800 x26804 or 16814 or via e-mail at martinr5@carliseschools.org. On the My School Bucks website you will be able to monitor the daily purchases and deposits on your child's account, as well as, a link to pay via credit card.

Student ID Cards

All schools use ID cards to access accounts to make meal and beverage purchases. The District loads pictures of all students in our POS (Point of Sale) or register system to help decrease the incidents of account sharing or theft. Our cashiers are trained to match the face on the screen to the face of the customer however; there are times when a photo is not available. **To assist us, please encourage your students to not share their accounts with friends! We discourage friends buying for friends.**

No change

When a student brings in a payment, **it is our policy not to issue change.** The total amount of cash handed to the cashier is deposited into the child's account for access at a future date. We also do not allow a child to "withdraw" money from an account. We cannot provide an ATM or "debit card" type feature giving cash back. Students in the middle and high school locations will be instructed to provide deposits for their accounts prior to coming to the cafeteria for lunch.

Negative Balances

Any student with a negative balance will not be permitted to purchase a la carte items. Students with a negative balance of \$1 or greater will receive negative balance alerts Sunday evenings until the balance is paid in full.

Meal Benefits (Free/Reduced Price Meals)

If you require this service, **YOU MUST COMPLETE a new application each year.** You can access the meal application by creating an account on www.schoolcafe.com. The meal application is also available through the PA Department of Welfare Compass website at www.compass.state.pa.us or from the district website, www.carliseschools.org under Child Nutrition Services. You may receive a letter from the Child Nutrition Office stating that you have been approved for free meals through "Direct Certification." If you did receive this letter, there is **no need** to send a paper application. If you received benefits last year, there is a 30 day window at the start of school during which the benefits will carryover for the new school year. **After the 30 days, the benefits expire and you are expected to pay full price for any meals received until you reapply and are approved**

Allergies

If your child has a disability there will be accommodations, you must complete the "Medical Plan of Care" form for the Child Nutrition Department. There is a physician's section that must be completed for the required accommodation. We will post all medical disabilities in our Nutri-Kids system to notify cashiers to double check student trays. We do not provide substitutions for non-disabling special dietary needs including lactose intolerances.

Menus

Easy-to-access school menus that are innovative, vibrant, and accessible!

Carlisle Area School District, in partnership with Chartwells K12, is now using **Nutrislice** to publish the school menus to a new interactive website and a free Smartphone app! Now you can access your menus anywhere, anytime!

Locate the website by typing in the <http://carliseschools.nutrislice.com/> OR you may click the link located on the Child Nutrition Services page of the Carlisle Area School District website. If you prefer to use the Smartphone app, download School Lunch by Nutrislice from Google Play for Androids or the App Store for iPhones.

USING THE WEBSITE

1. Select the grade level of your school.
2. Select the school menu you wish to view.
3. Once within the site, you will see the menu is interactive. If you hover over a food, you will be able to see an image and a description.

USING THE APP

1. Select your state, followed by your school district.
2. Select the grade level, school and then the school menu you wish to view.
3. Once within the menu, you will be defaulted to the current day. You can select a food to find its description.

Best wishes to all students for an outstanding year at Carlisle Area School District. The Child Nutrition Department and Chartwells looks forward to serving our customers throughout your educational journey with us! We hope to serve as your nutritional link to education.